

O6: INTENSIVE COURSE FOR ADULT LEARNERS

ONE DAY IN THE SHOES OF “THE OTHER”

National Report

Partner name: **ANJAF** – National Association for Family Action

1. Profile of adult educator(s) who held the course (*max. 5 lines*)

Please briefly describe the adult educator(s) by providing a brief professional profile (age, qualification(s), experience, etc.)

The group was constituted by 14 persons, all females. We had 5 with a Degree, 5 Secondary school, 3 Masters and 1 with 9º years of school. The ages: 2 (26-30); 4(31-35); 3(36-40); 1 (41-45); 1(46-50); 3 >50.

We had 3 persons linked to education, 2 in the informatics field, 2 in administrative areas, 2 Audio-visuals, 2 unemployed, 1 Internship in therapy , 1 supervisor, 1 commercial,

2. Information upon the participants (adult learners) who attended the course

Please fill in the table below:

No.	Name and family name (optional)	Age	Gender (F/M)	Culture/ethnicity /religion	Other relevant aspect if any <small>(i.e. immigrant, refugee or asylum seeker status; years since arrival in host country, integration history, employed or jobless, etc.)</small>
1	Ana Filipa Pereira Nunes	36	F		Experience with multicultural groups/living multicultural community
2	Ana Maria Serrano Vaz Cunha	44	F		Experience with multicultural groups/living multicultural community
3	Ana Sofia Santos Sousa	32	F		Experience with multicultural groups/living multicultural community
4	Andreia Vitorino Revez	30	F		Experience with multicultural groups/living multicultural community
5	Carla Alexandra Fialho Sezílio	38	F		Experience with multicultural groups/living

					multicultural community
6	Gina Helena da Silva Niza Meira	47	F		living multicultural community
7	Magda Alexandra dos Santos P. A. Correia	32	F		Experience with multicultural groups
8	Magda Isabel Soares Serôdio	33	F		living multicultural community
9	Maria Fernanda Lopez S. Clérigo	69	F		Experience with multicultural groups
10	Maria Raquel de Sousa Correia	27	F		Experience with multicultural groups
11	Maria Silva Clérigo	34	F		Experience with multicultural groups
12	Lyudmyla Smyrnova	51	F	Ukrainian	Experience with multicultural groups/living multicultural community
13	Noémia Maria Baptista Monteiro	56	F		Experience with multicultural groups
14	Susana Faria de Moraes	40	F		Experience with multicultural groups
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3. Implementation of Intensive course (*max. 3 pages*)

Please make an overall description of the implemented activities, by emphasizing on the following aspects:

The training took place in Amadora, the days 17, 24 e 27 de July de 2017. Amadora, belonging to Lisbon District, It's the 4th Municipality of the country with most people leaving, coming from other countries (17.113). The most representative are Cabe Verde (37%), Brazil (15%); Guinee Bissau (7%), S. Tome Principe (6%), followed by, Romania, Asia Countries and Ukraine .

The training was energized by Cristina Monteiro Afonso and Sofia Silva, both certify (CCP) to give training.

All the chapter were presented, but the ones more explored were:

- Religion
- Education
- Cultural Experiences
- Social Experiences
- Interpersonal –relationships
- Multicultural Europe
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1st Day

Presentation of ANJAF and the project aims and activities

As an Icebreaking we used the activity "The Ball of Wool", where all participants present themselves. It was very good and funny to start up.



Religion

It was showed the power point, presenting the "Tree" of the religions of the world. Some discussion were made about it

Education

Presentation of the theme and Portuguese National System

2nd Day

Cultural Experiences

Discussion about some cultural experiences of all the group



Social Experiences

Perform an activity: each participant write in 6 circles around their name, 2 thinks they like, 2 things that don't like and 2 thinks that characterize the participant. After was shared through all the group, seeing the common thinks and the differences existing in the group.



It was showed and discussed the film "10 Surprising ways to offend people in other Countries"

Interpersonal Relationships

Presentation and discussion of the contents and of the animation film "Respect the others".



Multicultural Europe

Presentation and discussion of the contents and of the animation film "Living in a Cultural World"

Made the assessment activity for this chapter, small groups create and presented a poster about the ideal multicultural Europe.



The advantages of living in a multicultural society

Presentation and discussion of the contents. "Visualising of the film *Imagine a better future – Unicef*"



- main findings and results from Focus Group (including 2-3 brief quotes from participants regarding their expectations / satisfaction from this training)

In the end was developed a Focus Group, in a global evaluation, the group said that wanted to have more hours of training, because they were “wake up” to some issues and also want to go more in deep in others themes.

In a general way all the participants said that exceeded their expectations, was very dynamic, with good activities and good trainers. For some of them this was the first step to reflect in this issue and help them to adjust or improve their behavior

Some of the group citations.

“It helped me because we live in a community, we are different and we have to respect the others”

“We have much more surrounds than our little Bubble”

“This moment will help me to reflect in my attitudes and behaviors

To the question: *“How do you expect them to behave in relation to you?”* the answer was *“the way we will behave to the others”, “be tolerant”, “Respect”, “understanding”, “Equality”, “Reflection”, “acceptance”*

- difficulties and obstacles encountered during the course

They enjoy so much, that they want to stay longer in the training sessions

- observations of the adult educators regarding the course

It was a very heterogeneous group, very participative and open to the proposed activities. Also very interest on the theme.

- any other thoughts or recommendations regarding the intensive course and/or its improvement

Adapt this training to schools, to do some awareness session

4. Conclusions (max. 10 lines)

We can consider that training was very positive and had a positive impact in this group. Some of them were very conscience related to other cultures and costumes, some of them start to reflect on it.

The sharing of opinions and experiences, the group activities, the films were very appreciated and made the group be with their heart on it.

This training, alert us for the fact that most of the people, living their day life activities are not aware of the society characteristics and problems, but after having the first contact with this kind of activities they are very enthusiast and want to be more in deep in society issues. But is not easy, to “wake” them to participate in such activities.